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AGENZIA
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PER I GIOVANI



Confesport Italia

IX Torneo Internazionale di Ginnastica Ritmica

IX International Rhythmic Gymnastics Tournament

14 giugno 2014

june 14, 2014



**Palasport
Don Guerrino Rota
Spoleto (PG) - Italia**



con il Patrocinio del Comune di Spoleto
under the Patronage of the City of Spoleto



con il Patrocinio della Regione Umbria
under the Patronage of the Region of Umbria



con il Patrocinio della Provincia di Perugia
under the Patronage of Province of Perugia



Camera di Commercio
Perugia

SPORT MODELLO DI VITA



9th INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

June 14th 2014
Spoleto (Perugia – Italy)

- Organizing club:** Confsport Italia (www.confsportitalia.it);
Email: info@confsportitalia.it;
Phone: +390655282936;
Fax: +39065502800;
Venue: Sports Hall “Don Guerrino Rota” - Spoleto;
Program of the competition: **the event will take place at the same time to the “16th International Gym Trophy”.**
Thursday, 12th June: arrival of the delegation;
Friday, 13th June: training and performances for the “16th International Gym Trophy”, visit to the city of Spoleto
Saturday, 14th June: competition, opening and awards ceremony of “9th International Rhythmic Gymnastics Tournament”; final performances and awards ceremony of “16th International Gym Trophy”;
Sunday, 15th June: visit to the city of Spoleto and departure of delegation;
- Delegations:** 1 gymnast per category and each gymnast can enter a max of 2 apparatus; after all applications will be submitted, if a minimum of 3 participants for apparatus will not be reached, Confsport Italia reserves the right to modify the program.
- Awards:** first 3 position for each apparatus and category will be awarded with medals: Gold-Silver-Bronze, cups and special presents; the other gymnasts will be awarded with medals;
- Costs:** **registration fee for each gymnast is free;**
five gymnasts will be our guests and will be accommodated at the Hotel chosen by the Organizational Committee from Thursday 12th evening to Sunday 15th morning.
Confsport Italia not covering travelling:
Confsport Italia will provide to the transportation from the airport of Fiumicino (Rome) for the teams that will attend to the event on Thursday 12th in the afternoon at 5 pm. The return is set on Sunday 15th in the morning, accordingly to the times of departure of the planes.
- Logistic:** All gymnasts will receive a pass with which they can:
- Free entrance for the municipal museum: the “Archaeological” Museum - Casa Romana - the “Tessile” Museum and the “Collicola” Palace.
- Free public transportation (13-14, June)
Athletes, managers, technicians and companions will stay in discounted hotels.
Hereby the minimum and the maximum prices for each following categories:
TWO-STAR HOTEL:
- from € 35,00 to € 38,00 per person per day in double/twin room

half-board, beverages included (a half-liter of water/a quarter of wine);
• from € 38,00 to € 43,00 per person per day in double/twin room
full-board, beverages included (a half- liter of water/a quarter of wine);

THREE-STARS HOTEL:

• from € 38,00 to € 43,00 per person per day in double/twin room
half-board, beverages included (a half- liter of water/a quarter of wine):
• from € 43,00 to € 48,00 per person per day in double/twin room
full-board, beverages included (a half- liter of water/a quarter of wine);

FOUR-STARS HOTEL:

• from € 50,00 to € 55,00 per person per day in double/twin room
half-board, beverages included (a half- liter of water/a quarter of wine);
• from € 55,00 to € 60,00 per person per day in double/twin room
full-board, beverages included (a half- liter of water/a quarter of wine);

Extra pay for single room: € 15.00 per day for each category:

Child discount: free of charge for children from 0 to 3 years old;

Child discount: 15% discount for children from 3 to 7 years old;

Reservation:

CON SPOLETO - Consorzio Operatori Turistici

Largo Possenti - 06049 Spoleto (PG)

Tel. +390743220773 - +390743297466 - Fax +390743202027 - e-mail:
info@conspoleto.com

Information:

For further informations please contact:

CONFSPORT ITALIA - Via dell'Imbrecciato, 181 - 00149 Roma - Italia

Tel. +39065506622 - +390655282936 - Fax +39065502800

www.confspportitalia.it – info@confspportitalia.it

Application:

Definitive application IX International Rhythmic Gymnastics Competition to fill in, sign and send back. In order to arrange a more detailed planning, applications must be submitted by fax to Confspport Italia - Via dell'Imbrecciato, 181 - 00149 Roma - Italia (fax: +39065502800) by May 26th 2014.

TECHNICAL PROGRAM

ADOLESCENT GYMNASTS

1st group (2005-2004)

W.A., ball, rope, hoop.

ADOLESCENT GYMNASTS

2nd group (2003-2002)

W.A., ball, hoop, clubs, ribbon, rope.

JUNIOR GYMNASTS

(2001-2000-1999)

ball, hoop, rope, ribbon, clubs.

SENIOR GYMNASTS

(1998 or older)

hoop, ball, ribbon, clubs, rope.

ADOLESCENT GYMNASTS

1st group

D: **5,00** p. E: **10,00** p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Without apparatus scores:

8 Body Difficulties (min. 2 and max. 3 per body group)

Value: 0,10 - 0,20 - 0,30 - 0,40, max 2 Diff. until 0,80 of value

Min 1 Dance Steps Combination

Continuous connected dance steps, during a minimum of 8 seconds in accordance with the time and rhythm of the music. Value 0,30

Ball, Rope, Hoop scores:

5 Body Difficulties (min. 1 and max. 3 per body group)

Coordinated with Fundamental Technical groups specific to each apparatus and elements from the other Apparatus Technical Groups. Value: 0.10 - 0.20 - 0.30 - 0.40, max 2 Diff. until 0,80 of value

Min 1 Dance Steps Combination.

Coordinated with Fundamental Technical groups specific to each apparatus. Value: 0,30

Dynamic elements with Rotation and Throw. Max. 1

Apparatus Mastery: M no limit. Value: 0,20. Performance of Fundamental Technical groups of apparatus work must be predominant in the exercise (more than 50%)

Penalty: 0,50 points for absence of Fundamental Group predominance.

Apparatus technical elements are not limited but cannot be performed identically. Except during a jump or pivots series.

Difficulties with a score of more than 0,40 points can be used in the exercises (max 0,80 p), but they will be normalized to 0,40. They must be declared with their own letter (true value in brackets) and the score of 0,40.

More than 2 difficulties with a score of more than 0,80 points cannot be used in the exercises and will not be valid (no penalty).

ADOLESCENT GYMNASTS

2nd group

D: **6,00** p. E: **10,00** p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Without apparatus scores:

8 Body Difficulties (min. 2 and max. 3 per body group)

Value: 0,10 - 0,20 - 0,30 - 0,40 - 0,50, max 2 Diff. until 1,00 of value

Min 1 Dance Steps Combination

Continuous connected dance steps, during a minimum of 8 seconds in accordance with the time and rhythm of the music. Value 0,30

Ball, Hoop, Clubs, Ribbon, Rope scores:

5 Body Difficulties (min. 1 and max. 2 per body group)

Coordinated with Fundamental Technical groups specific to each apparatus and elements from the other Apparatus Technical Groups. Value: 0.10 - 0.20 - 0.30 - 0.40 - 0.50 max 2 Diff. until 0,80 of value

Min 1 Dance Steps Combination.

Coordinated with Fundamental Technical groups specific to each apparatus. Value: 0,30

Dynamic elements with Rotation and Throw. Max. 2

Apparatus Mastery: M no limit. Value: 0,20. Performance of Fundamental Technical groups of apparatus work must be predominant in the exercise (more than 50%)

Penalty: 0,50 points for absence of Fundamental Group predominance.

Apparatus technical elements are not limited but cannot be performed identically. Except during a jump or pivots series.

Difficulties with a score of more than 0,50 points can be used in the exercises (max 1,00 p.), but they will be normalized to 0,40. They must be declared with their own letter (true value in brackets) and the score of 0,50.

More than 2 difficulties with a score of more than 1,00 points cannot be used in the exercises and will not be valid (no penalty).

JUNIOR GYMNASTS

D: **8,00** p. E: **10,00** p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Ball, Hoop, Rope,

Ribbon, Clubs scores:

from 4 to 7 Body Difficulties (min. 1 and max. 3 per body group)

Coordinated with Fundamental Technical groups specific to each

apparatus and elements from the other Apparatus Technical Groups.
Value: from 0,10 to max 1,00 p.
Min 1 Dance Steps Combination.
Coordinated with Fundamental Technical groups specific to each apparatus. Value: 0,30
Dynamic elements with Rotation and Throw. Max. 3
Apparatus Mastery: M no limit. Value: 0,20. Performance of Fundamental Technical groups of apparatus work must be predominant in the exercise (more than 50%)
Penalty: 0,50 points for absence of Fundamental Group predominance.
Apparatus technical elements are not limited but cannot be performed identically. Except during a jump or pivots series.

Difficulties with a score of more than 1,00 points cannot be used in the exercises. They will not be valid (no penalty).

SENIOR GYMNASTS

D: **10,00** p. E: **10,00** p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Hoop, Ball, Ribbon, Clubs Rope scores: from 6 to 9 Body Difficulties (min. 2 and max. 4 per body group)
Coordinated with Fundamental Technical groups specific to each apparatus and elements from the other Apparatus Technical Groups.
Value: from 0,10 to max 1,00 p. and more.
Min 1 Dance Steps Combination.
Coordinated with Fundamental Technical groups specific to each apparatus. Value: 0,30
Dynamic elements with Rotation and Throw. Max. 3
Apparatus Mastery: M no limit. Value: 0,20. Performance of Fundamental Technical groups of apparatus work must be predominant in the exercise (more than 50%)
Penalty: 0,50 points for absence of Fundamental Group predominance.
Apparatus technical elements are not limited but cannot be performed identically. Except during a jump or pivots series.



9TH INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

Spoletto (Perugia - Italy), June 14th 2014

APPLICATION FORM

Club.....

Address.....City.....Country.....

Phone.....Fax.....E-mail.....

Team Manager.....Phone.....

Gymnasts

	Gymnast's Name	Apparatus	Category	Date of birth		
01						
02						
03						
04						
05						
06						
07						
08						
09						
10						

Coach/Executive

	Name	Title	Phone	Fax	Mail	Willing to judge?
01						Yes/No
02						Yes/No

Date:	
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The President



9th INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

Spoleto (Perugia – Italy) June, 14th 2014

Flight Schedule

Club from: _____

Departing Flight:

Departing from (airport): _____

Date: ____/____/2014 Flight No: _____

Time: _____ Persons: _____

Arriving at (airport): _____

Returning Flight:

Departing from (airport): _____

Date: ____/____/2014 Flight No: _____

Time: _____ Persons: _____

Arriving at (airport): _____



9th INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

Spoletto (Perugia – Italy) June, 14th 2014

Please complete this form for any delegation members who need a personal invitation to assist with their Visa Application for entry in Italy. After this information is received, a letter of invitation will be sent to the applicants.

Family/Last name	First name	Function	Passport #
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Please Provide the Complete and Full Name as it appears on the Passport