

**Under the patronage of the Luxembourg Federation of Gymnastics
we have the great honour to invite your club to
attend the 3rd edition of International
Rhythmic Gymnastics Competition**



LUXEMBOURG CUP 2014

Invitation

FL Gym



On 14th, 15th and 16th November 2014

Organizer:

*Ecole de GRS Luxembourg / Tel: 00352 691 318 757
President : Ms. Oksana VICHNIAKOVA
E-mail: joblux2501@gmail.com*

Competition Hall:

*Complexe sportif Centre des Sports 14, rue d'Ostende
L- 2271 Luxembourg-Belair hight of hall max 8.00*



Program :

Friday 14.11.2014

*Arrival of the delegations/Technical meeting / training
Competition category C for Luxembourg clubs /Award
ceremony*

Saturday 15.11.2014

*Judge Meeting / All-around competition/ Award ceremony/
Banquet*

Sunday 16.11.2014

All-around competition/ Gala /Award ceremony.

Monday 17.11.2014

Departures of the delegations

*

Accommodation:

Hotel **DoubleTree by HILTON www.hilton.com**

Special rates for delegation

40 EUR per person double room or twin inclusive Breakfast

30 EUR per person triple Superior room or Superior twin
inclusive Breakfast

30 EUR per person quadruple Deluxe or Deluxe twin inclusive
Breakfast.

On triple or quadruple room preference 3rd and 4th person are
children up to 12 years. **Important**: Indicate please in hotel
booking form **one double-bed or twin beds**

Hotel Novotel ** www.novotel.com , in case Hilton hotel is
fully booked.**

Meals:

Lunch Package will be provided by the organisation in the
competition hall Saturday and Sunday.

Banquet Saturday Evening for judges

Delegation:

Delegations will consist of 1 judge, 1 coach and 6 gymnasts

Application fee: EUR 30 per gymnast

Extra gymnast: EUR 40 per gymnast

The starting fee will be paid upon arrival.

Transport:

Organizer will provide transport from Luxembourg Airport and
Central Railway Station to Hotel and back. The organizer also
organizes the transport to the competition hall and back.

Insurance:

All participating delegations are responsible for having the
necessary coverage against accidents and illness.

Awards:

All-around: 1st – 3rd place will receive a trophy and medal.
4th - 6th place will receive a medal.

Every apparatus: 1st-3rd-place will receive a medal.

Individual all-around competition

Seniors Cat.A

1st place-200 euro, 2nd place-150 euro, 3rd place 100 euro.

Juniors Cat.A

1st place-150 euro, 2nd place-100 euro, 3rd place 50 euro.

All gymnasts will receive a diploma and present.

Coaches and Judges will receive a present.

Special awards for best *THEMATIC Demonstration at Gala* (one demonstration per team).

Special awards: Miss Elegance, Miss Artistic, Miss Smile, Miss Tournament, Miss Princess (plus jeune), Miss Effort. Miss Model GR Luxembourg , Miss Fidélité Luxembourg Cup,

Possibility given for a Group excursion to old town of Luxembourg

Preliminary inscription: 10th October 2014

Nominative inscription: 31th October 2014

Visa application: 10th October 2014 / If you need the Schengen Visa, we ask you to fill in the applied form and send it to us.

Travel Details: http://en.wikipedia.org/wiki/List_of_low-cost_airlines contains a list of all low cost airlines www.edreams.fr, www.opodo.de, www.wizzair.com., www.ryanair.com, www.jereserve.com

www.flibco.com / Bus service from Frankfurt/Main Frankfurt/ Hahn and Bruxelles / Charleroi

Please bring a flag of your country!!

Music / Sheets: Please submit only music on CDs (no MP3 or USB Sticks). Identified with gymnast's name, category, country and apparatus.

Please bring to technical meeting with you 5 copies D sheets for each routine of gymnasts

Category A	Category B
<p>1. Girls born in 2007 and younger</p> <p>Without apparatus + 1 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 6 difficulties. $\Delta = 0.4$, Max. 1R, Min 1 combination of steps.</p> <p>D: max 3.00 (W.A), D :max: 4,00 (apparatus)</p>	<p>1. Girls born in 2007 and younger</p> <p>Without apparatus (Min. 1-3 diff. from each body movement group)</p> <p>Max. 5 difficulties. $\Delta = 0.4$, Min 1 combination of steps.</p> <p>D: max 2.5 (W.A).</p>
<p>2. Girls born in 2006</p> <p>Without apparatus + 1 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 7 difficulties. $\Delta = 0.6$, Max. 1R, Min 1 combination of steps.</p> <p>D: max 4.00 (W.A), D :max: 5,00 (apparatus)</p>	<p>2. Girls born in 2006</p> <p>Without apparatus (Min. 1-3 diff. from each body movement group)</p> <p>Max. 6 difficulties. $\Delta = 0.4$, Min 1 combination of steps.</p> <p>D: max 3. 00 (W.A),</p>
<p>3. Girls born in 2005</p> <p>Without apparatus + 1 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 7 difficulties. $\Delta = 0.8$, Max. 2R, Min 1 combination of steps.</p> <p>D: max 5.00 (W.A), D :max: 6,00 (apparatus)</p>	<p>3. Girls born in 2005</p> <p>Without apparatus +1 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 7 difficulties. $\Delta = 0.6$, Max. 2R, Min 1 combination of steps.</p> <p>D: max 4.00 (W.A), D :max: 5.00 (apparatus)</p>
<p>4. Girls born in 2004</p> <p>Without apparatus + 1 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 7 difficulties. $\Delta = 0.8$, Max. 2R, Min 1 combination of steps.</p> <p>D: max 5.5 (W.A), D :max: 6.5(apparatus)</p>	<p>4. Girls born in 2004</p> <p>Without apparatus + 1 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 7 difficulties. $\Delta = 0.6$, Max. 2R, Min 1 combination of steps.</p> <p>D: max 4.5 (W.A), D :max: 5.5(apparatus)</p>
<p>5. Girls born in 2003</p> <p>2 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 7 difficulties. $\Delta = 1.0$, Max. 3R, Min 1 combination of steps. D max 7.00(apparatus)</p>	<p>5. Girls born in 2003</p> <p>Without apparatus) +1 apparatus by choice (Min. 1-3 diff. from each body movement group)</p> <p>Max. 7 difficulties. $\Delta = 0.8$ Max. 2R, Min 1 combination of steps. D: max 5.0 (W.A), D :max: 6.00 (apparatus)</p>

<p>6. Girls born in 2002</p> <p>2 apparatus by choice (Min. 1-3 diff. from each Body movement group)</p> <p>Max. 7 difficulties. $\phi = 1.0$, Max. 3R, Min 1 combination of steps.</p> <p>D: max 7.00 (apparatus)</p>	<p>6. Girls born in 2002</p> <p>2 apparatus by choice (Min. 1-3 diff. from each Body movement group)</p> <p>Max. 7 difficulties. $\phi = 0; 8$, Max. 2R, Min 1 combination of steps.</p> <p>D: max 6.00 (apparatus)</p>
<p>7 Junior in 2001-1999</p> <p>3 apparatus by choice</p> <p>Program FIG</p>	<p>7 Junior in 2001-1999</p> <p>2 apparatus by choice (hoop, ball, clubs, ribbon)</p> <p>Max. 7 difficulties. $\phi = 1.00$, Max. 3R, Min 1 combination of steps.</p> <p>D: max 7.00 (apparatus)</p>
<p>8. Senior (1998 and older) 4 apparatus</p> <p>FIG-Program</p>	<p>Senior (1998 and older)</p> <p>3 apparatus (hoop, ball, clubs, ribbon)</p> <p>Max. 9 difficulties. (Min. 2-4 diff. from each Body movement group)</p> <p>Min 1 combination of steps.</p> <p>D: max 8.00 (apparatus)</p>

3rd Edition Luxembourg Cup November 14th to 16th 2014

Preliminary Entry Form

Club:

Address:

Phone Number:

Email Address:

Responsible Person:

We will participate to the Luxembourg Cup 2014 on November 14th, 15^h and 16^h in Luxembourg with:

Gymnasts:

Judge:

Coach:

Other persons:

Total number of delegation:

Please send back the preliminary entry form to joblux2501@gmail.com or Ecole de GRS Luxembourg 17, rue Sigismond L-2537 Luxembourg before **October 10th 2014**.

Telephone inquiry: +352 691 318 757

3rd Edition Luxembourg Cup November 14th to 16th 2014

Definitive and nominative Entry Form

Club:

Address:

Phone Number:

Email Address:

Gymnasts:

Name	Surname	Birthday	Category	Apparatus

Judge:

Coach:

Other persons:

Total number of persons:

Gala : Yes / No

Banquet judge : Yes / No

Please send back the definitive and nominative entry form to joblux2501@gmail.com or Ecole de GRS Luxembourg 17, rue Sigismond L-2537 Luxembourg before October 31th 2014.

Telephone contact : +352 691 318 757

Travel Details Luxembourg Cup 2013 November 14th to 16th 2014

Send us back please until 31th October 2014

Club:

Responsible Person / Tel Nr:

Number of members of Delegation:

Arrival by train: Station / Date / Time:

Arrival by plane: Airport / Date / Time:

Departure by train: Station / Date / Time:

Departure by plane: Airport / Date/ Time:

VISA REQUEST FORM

Luxembourg Cup 2014 November 14th to 16th 2014

Ecole de GRS Luxembourg, 17, rue Sigismond L-2537 Luxembourg
+352 691 318 757 / e-mail: joblux2501@gmail.com

Deadline: 10th October 2014

Visa Request of the _____ Gymnastics

Club / Country

Address:

Tel:

Email:

	Full Name	Passport number	Date of expiry	Date of Birth	Arrival date – Departure date
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					



HOTEL BOOKING FORM
ECOLE DE GRS LUXEMBOURG
13TH UNTIL 18TH NOVEMBER 2014

Name:
Telephone:
Address:
Zip Code:
Email:

First name:
Fax:
City:
Country:
A-Club member:

Arrival date: /11/2014

Departure date: /11/2014

Number of nights:

Please fill in this form in capital letter and fax or email it back to the hotel of your choice no later than 03rd October 2014 (Beyond this date the room allotment will be released and the preferred rate will not be granted however the hotel will make every attempt to offer these rates if there is still availability):

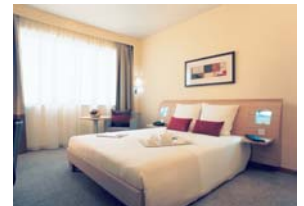
Novotel Luxembourg Kirchberg 4* (Ref: ECO111414)

6 Rue du Fort Niedergrünwald – L-2015 Luxembourg – www.novotel.com

Contact: Marylou Marchèse - Email: h1930-re@accor.com

Contact Oksanan Vishniakova (to put in copy of your email): joblux2501@gmail.com

Fax: +352 43 91 95 - Tel.: +352 42 98 48



- Single Novation room at daily rate of 70.-€ including buffet breakfast
- Double Novation room at daily rate of 80.-€ including buffet breakfast
- Triple Novation room at daily rate of 90.-€ including buffet breakfast
- Quadruple Novation room at daily rate of 120.-€ including buffet breakfast

Triple room does not have 3 separate beds & Quadruple room does not have 4 separate beds.

Number of persons per room (maximum)

1 adult 3 children

2 adults 2 children

3 adults 0 children

1 - 4 children

Any child staying without its parents at the hotel needs to have a written and signed agreement of its parents as well as a copy of passport or ID of at least one of the legal parents upon check in

Please fill in below your credit card details which are mandatory to process your reservation:

Credit card details:

Expiration date:

Holder's name:

Visa

Eurocard/Mastercard

American Express

Diners



Attention: Your reservation may be cancelled or modified with no charge until 6pm (hotel local time) 7 days prior the arrival date. Any modification made within 7 days of the arrival date will be charged on the credit card. Any cancellation made within 7 days prior arrival or non-arrival, the full stay will be charged on the credit card. Payment is on spot upon departure time.

Restaurant: please find attached the menu of the restaurant of the hotel. If you wish to book a table, please inform the hotel directly.

To be completed by the hotel for your confirmation:

Reservation confirmation number:	<input type="text"/>
Agent name:	<input type="text"/>
Confirmation date:	<input type="text"/>



Contact person: **Moulay Abdallah Alaoui**
 Tel. direct: (352) 43.78.81.68
 E-mail: moulay.alaoui@doubletree-luxembourg.com
 E-mail: **Oksana Vichniakova** : joblux2501@gmail.com

LUXEMBOURG CUP 2014
14th 15th 16th of November 2014
HOTEL BOOKING FORM

Please return this form **duly completed** latest by **10th October 2014**.

FAMILY NAME.....CHRISTIAN NAME.....
 ADDRESS (*private*):.....
 ZIP CODE / CITY:..... COUNTRY:.....
 TEL:..... FAX:.....
 EMAIL: PASSPORT NUMBER:.....
 DATE AND PLACE OF BIRTH:..... NATIONALITY:.....

Above information given by you will ensure a quick and efficient check-in

<input type="checkbox"/> Single Standard Guestroom rate (per night)	EUR 70,00	<input type="checkbox"/> Queen Bed
<input type="checkbox"/> Double Standard Guestroom rate (per night)	EUR 80,00	<input type="checkbox"/> Twin Bed <input type="checkbox"/> Queen Bed
<input type="checkbox"/> Triple Superior Guestroom rate (per night)	EUR 90,00	<input type="checkbox"/> Twin Bed <input type="checkbox"/> Queen Bed
<input type="checkbox"/> Triple Deluxe Guestroom rate (per night)	EUR 105,00	<input type="checkbox"/> Twin Bed <input type="checkbox"/> Queen Bed
<input type="checkbox"/> Quadruple Deluxe Guestroom rate (per night)	EUR 120,00	<input type="checkbox"/> Twin Bed <input type="checkbox"/> Queen Bed

All Rooms are Non Smoking Inclusive buffet breakfast, tax and service charges

A block of rooms have been reserved , please note that we have a **limited number of Standard twin rooms (31)**, every rooms more than is going to be superior rooms or Deluxe rooms upon availability

This reservation is subject of availability within group room block.

<input type="checkbox"/> Dinner Menu 2 dishes at 14.50€ (Soup +Chef's Dish)	<input type="checkbox"/> 13.11	<input type="checkbox"/> 14.11	<input type="checkbox"/> 15.11
Number of Person: _____	<input type="checkbox"/> 16.11	<input type="checkbox"/> 17.11	<input type="checkbox"/> 18.11

Please note **different rate for extension stay Monday 17th and Tuesday 18th of November**

<input type="checkbox"/> Single Standard Guestroom rate (per night)	EUR 130,00	<input type="checkbox"/> Twin Bed <input type="checkbox"/> Queen Bed
<input type="checkbox"/> Double Standard Guestroom rate (per night)	EUR 140,00	<input type="checkbox"/> Twin Bed <input type="checkbox"/> Queen Bed
<input type="checkbox"/> Triple Superior Guestroom rate (per night)	EUR 190,00	<input type="checkbox"/> Twin Bed <input type="checkbox"/> Queen Bed

Referring to above event, I would like to make following reservation at the DoubleTree by Hilton Luxembourg
 → **ARRIVAL ON:** → **DEPARTURE ON:**
 (Please note that official check-in time is as of 2:00 p.m.) (Official checkout time is before noon).

I guarantee my reservation with the following credit card details or by sending a copy of bank transfer (OBLIGATORY) The booking will be confirmed when 100% of the total amount of your stay will be received/charged.

Credit card: VISA AMEX MC/EUROCARD DINERS OTHER.....
 Credit card number: Expiry date:
 Card Owner:

Free cancellation until 30th of September 2014;
 If you cancel between the 01st October to the 06th of November, the value of the first night will be not reimbursed.
 For any cancellation occurring between the 07th of November to the arrival date: 100% penalty

Down payments: Thank you for transferring the required **pre-payment** to the following bank account:

Reference : Country+GRS2014 **BIC: BCEELULL – Banque et Caisse d’Epargne de l’Etat**
IBAN : LU80 00 19 1100 3015 8000 Account Holder : **Albergo S.A.R.L** **BIC Code:BCEELULL**