XI INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

11 June 2016

MONSUMMANO TERME (PISTOIA - ITALY)

Palazzetto “Sandro Pertini” - Piazza Pertini, 1
XI INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

Monsummano Terme (Pistoia – Italy), 11th June 2016

We have the pleasure of inviting you to participate on the XI International Rhythmic Gymnastics Tournament for Individual Senior, Junior, Girls and Babies gymnasts which will take place in Monsummano Terme (Pistoia – Italy), 11th June 2016.

ORGANIZING COMMITTEE: CONFSPORT ITALIA A.S.D.
Via dell’Imbrecciato, 181 - 00149 Rome - Italy
www.confsportitalia.it - info@confsportitalia.it

PHONE: +390655282936 - +39065506622
FAX: +39065502800

LOCATION: Monsummano Terme (Pistoia - Italy)

DATES: Saturday, 11th June 2016

VENUE: Palazzetto “Sandro Pertini” - Piazza Pertini, 1

COMPETITION: 08:00 – 15:00

RULES AND REGULATIONS: The event will be organized under the FIG rules, as valid in the year of the event.

AGE:
- SUPER BABIES 2008-2009 W.A.
- BABIES 2006-2007 W.A., ball, hoop, ribbon
- GIRLS 2004-2005 W.A., rope, hoop, clubs
- JUNIORS 2001-2002-2003 rope, hoop, ball, clubs
- SENIORS 2000 or older hoop, ball, clubs, ribbon

DELEGATIONS: 2 gymnasts per category and each gymnast can enter with max of 2 apparatus.

After all applications will be submitted, if a minimum of 3 participants for apparatus will not be reached, Confspor Italia reserves the right to modify the program.

1 coach

1 Judge (in possession of brevet IV) preferred but not required.

REGISTRATION DEADLINES: It is necessary to to fill in, sign and send back the registration form of the XI International Rhythmic Gymnastics Tournament. Applications must be received by fax or e-mail to Confspor Italia no later than 20 May 2016.

ENTRY FEES: Registration fee for each gymnast is free.

MEDICAL SERVICE: There will be the Medical services provided.

VISA: Please verify immediately with your travel agent or your local Embassy or Consulate in your country if a VISA is required for your travel to Italy. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made as soon as possible.

The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city. The VISA application support letter must be sent to.

INSURANCE: The Organizing Committee will not be responsible for any liabilities in case of accidents, illness, repatriation and the like. All participants are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the
members of their Delegation. Delegation member with insufficient insurance cover must inform the OC in advance.

INTERNATIONAL TRASPORTATION:
The invited participating teams must pay for the travel costs of their delegations members to/from Italy.

The Travel Schedule must be returned to the OC by 20 May 2016.

LOCAL TRASPORTATION:
The OC will cover the transportation to/from Hotel from the Pisa international airport and Montecatini Terme train station upon arrival and departure.

The OC will cover the transportation to/from Hotel to/from venue.

ACCOMODATION:
The costs of the hotels can be viewed in "Hotel Reservation Form".

Three gymnasts will be our guests with free accommodation from Friday 10 to Saturday 11 June 2016 (two night stay). (See regulation XVIII International Gym Trophy).

AWARDS
First 3 positions for each apparatus and category will be awarded with medals: Gold-Silver-Bronze, cups and special gifts.
The other gymnasts will be awarded with medals.

TECHNICAL PROGRAM – SUPER BABIES

D: 4,00 p. E: 10,00 p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Without apparatus scores:
6 Body Difficulties (2 for body group).
Value: 0,10 - 0,20 - 0,30, max 1 Diff. until 0,50 of value.
Min 1 Dance Steps Combination. Continuous connected dance steps, during a minimum of 8 seconds in accordance with the time and rhythm of the music. Value 0,30

TECHNICAL PROGRAM - BABIES

D: 5,00 p. E: 10,00 p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Without apparatus scores:
8 Body Difficulties (min. 2 and max. 3 for body group).
Value: 0,10 - 0,20 - 0,30 - 0,40, max 2 Diff. until 0,80 of value.
Min 1 Dance Steps Combination. Continuous connected dance steps, during a minimum of 8 seconds in accordance with the time and rhythm of the music. Value 0,30

Ball, Hoop, Ribbon scores:
5 Body Difficulties (min. 1 and max. 2 for body group), coordinated with Fundamental Technical groups specific to each apparatus and elements from the other Apparatus Technical Groups. Value: 0.10 - 0.20 - 0.30 - 0.40, max 2 Diff. until 0.80 of value
Min 1 Dance Steps Combination.
Dynamic elements with Rotation and Throw. Max. 1 Apparatus Mastery: M max 4 Value: 0,30.

TECHNICAL PROGRAM - GIRLS

D: 6,00 p. E: 10,00 p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Without apparatus scores:
8 Body Difficulties (min. 2 and max. 3 for body group).
Value: 0,10 - 0,20 - 0,30 - 0,40 - 0,50, max 2 Diff. until 1,00 of value
Min 1 Dance Steps Combination. Continuous connected dance steps, during a minimum of 8 seconds in accordance with the time and rhythm of the music. Value 0,30
Rope, Hoop, Clubs scores:

6 Body Difficulties (2 for each body group), coordinated with Fundamental Technical groups specific to each apparatus and elements from the other Apparatus Technical Groups. Value: 0.10 - 0.20 - 0.30 - 0.40 - 0.50 max 2 Diff. until 1,00 of value
Min 1 Dance Steps Combination.
Dynamic elements with Rotation and Throw. Max. 2
Apparatus Mastery: M max 4 Value: 0,30.

TECHNICAL PROGRAM - JUNIORS

D: 8,00 p. E: 10,00 p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Rope, Hoop, Ball, Clubs scores:

Body Difficulties min. 4 and max. 7 (min. 1 and max. 3 for body group), coordinated with Fundamental Technical groups specific to each apparatus and/or elements from the other Apparatus Technical Groups. Value: from 0,10, to max 1,00 p.
Dance Steps Combination min. 1, coordinated with Fundamental Technical groups specific to each apparatus. Value: 0,30
Dynamic elements with Rotation and Throw. Max. 3
Apparatus Mastery: M max 4 Value: 0,30.

TECHNICAL PROGRAM - SENIORS

D: 10,00 p. E: 10,00 p. (Code of Points Rhythmic Gymnastics 2013-2016 F.I.G.)

Hoop, Ball, Clubs, Ribbon scores:

Body Difficulties min. 6 and max. 9 (min. 2 and max. 4 for body group), coordinated with Fundamental Technical groups specific to each apparatus and/or elements from the other Apparatus Technical Groups. Value: from 0,10, to max 1,00 p.
Dance Steps Combination min 1, coordinated with Fundamental Technical groups specific to each apparatus. Value: 0,30
Dynamic elements with Rotation and Throw. Max. 3
Apparatus Mastery: M max 5. Value: 0,30.
# 11\textsuperscript{th} INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

**Monsummano Terme (Pistoia - Italy), June 11\textsuperscript{th} 2016**

## APPLICATION FORM

<table>
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<th>Club</th>
<th>Address</th>
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<tr>
<th>Team Manager</th>
<th>Phone</th>
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## Gymnasts

<table>
<thead>
<tr>
<th>Gymnast’s Name</th>
<th>Apparatus</th>
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## Coach/Executive

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<th>Name</th>
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*We declare that all athletes are properly insured against accidents and in possession of a valid medical certificate.*

President Signature

Date: ____________________________
Flight Schedule

Club from: ____________________________________________________________

Departing Flight:

Departing from (airport): ______________________________________________

Date: _____/_____/2016        Flight №: _____________________________

Time: _______________        Persons: ________________________________

Arriving at (airport): _________________________________________________

Returning Flight:

Departing from (airport): ______________________________________________

Date: _____/_____/2016        Flight №: _____________________________

Time: _______________        Persons: ________________________________

Arriving at (airport): _________________________________________________