MKS DĄBRÓWKA POZNAŃ
POLSKA

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Dear Sport Friends,

On behalf of the RG Club "MKS Dąbrówka" Poznań (Poland) we would like to invite you to the XIII. Rhythmic Gymnastic International Competition, which will be held in Poznan 18-20.11.2016.

If you are interested in taking part in our tournament, please fill the attached documents till **28.10.2016** and send them by e-mail:

anna_treumann@onet.pl mobile number:+48607570624

We are looking forward to meeting you in Poznań!

With best regards!
Anna Treumann

Dates: 18-20.11.2016

Application deadline: 28.10.2016

Delegation can consist of 5 gymnasts + 1 coach + 1 judge.

Start cost: 25 euro per gymnast.

Accommodation: 30 euro/perperson/pernight

Hotel Włoski ul. Dolna Wilda 8 Poznań

Each additional person: 40 euro per person/ per night

Competition hall: Sport Hall ul. Chwiałkowskiego 34 Poznań

All gymnasts will get special medal, dyplom and prizes.

TIME SCHEDULE:

18.11.2016 - arrival of teams and trainings 19.11.2016 - competition and closing dinner 20.11.2016 - competition, departure of teams

Please return application no later than 28. X. 2016 to:

Anna Treuamnn anna_treumann@onet.pl

Category	Level A	Level B
2009 and 2010	Without apparatus D – max 5,00 points max 7 diff.	Without apparatus D – max 4,00 points max 7 dif
2008	Without apparatus D - max 6,00 points max 7 diff.	Without apparatus D - max 5,00 points max 7 diff.
2007	WA + 1 app by choice D - max 6,50 points max 7 diff.	WA + 1 app by choice D - max 5,00 points max 7 diff.
2006	2 app by choice D – max 6,50 points max 7 diff.	WA + 1 app by choice D - max 5,00 points max 7 diff.
2005	2 app by choice D – max 8,00 points max 7 diff.	2 app by choice D – max 6,00 points max 7 diff.
2004	2 app by choice D – max 8,00 points max 7 diff.	2 app by choice D – max 7,00 points max 7 diff.
Junio2003	2 app by choice D – max 8,00 points max 7 diff.	2 app by choice D – max 7,00 points max 7 diff.
Junior 2002 and 2001	2 app by choice FIG rules for juniors	2 app by choice D – max 7,00 points max 7 diff.
Senior 2000 and older	2 app by choice FIG rules for seniors	2 app by choice D – max 8,00 points max 9 diff.





Delegati	ion:			
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A ddition	nal persons:			
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	<u>Transportation plans</u>			
	Arrival	Departure		
	18.11.2016r	20.11.2016r		
Time:	••••••			
Mean of	f transport:			