

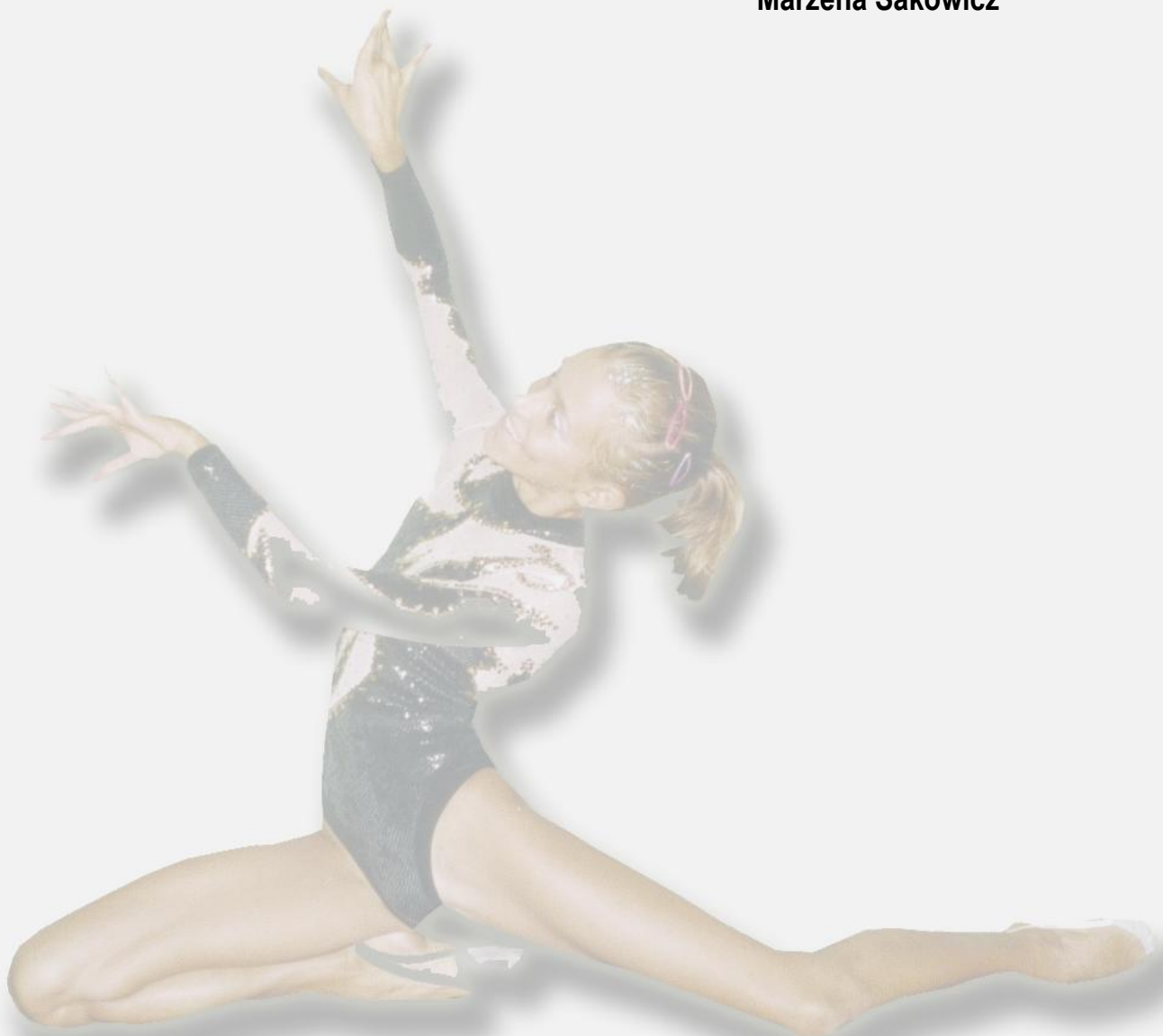
Invitation
XXXVIII International Rhythmic Gymnastics Tournament

“Brzeg Dolny CUP” , 25-27 november 2016

**We are very happy to invite your delegation at our
XXXVIII International Tournament for Rhythmic Gymnastics**

which will be held in Brzeg Dolny (Poland), from november 25 till 27

Marzena Sakowicz



The International Competition in the Rhythmic Gymnastics

Brzeg Dolny, 25-27 november 2016

1. Address Accommodation and Competition:

Sport hall „ROKITA”
ul. Wilcza 8
BRZEG DOLNY

2. Preliminary Program

- | | |
|----------------------------|---|
| friday, 25 november 2016 | <ul style="list-style-type: none">– arrival from Wrocław, accommodation from Brzeg Dolny, provide transportation to and from the airport in Wrocław as well as train and bus stations to Brzeg Dolny- training in competition hall, technical meeting- dinner |
| saturday, 26 november 2016 | <ul style="list-style-type: none">– breakfast- judges meeting- all-around competition (lunch)- banquet in the hotel restaurant / for all participants/ |
| sunday, 27 november 2016 | <ul style="list-style-type: none">– breakfast- all-around competition,- results and ceremony protocolaire,- departure |

3. Categorie and technical program

Babies 2009	- 1 exercise: without app.	4-7 difficulties min. 3 series of dance steps D – max. 4,00 E – 10,00 Total – max. 14,00
Babies 2008	- 1 exercise: without app.	4-7 difficulties min. 3 series of dance steps D – max. 5,00 E – 10,00 Total – max. 15,00
Children 2007	- 2 exercises: without app. app. by choice	4-7 difficulties without app.: min. 3 series of dance steps apparatus: min. 1 series of dance steps max. 3 DER (dynamic el. with rotation) D – max. 6,00 E – 10,00 Total – max. 16,00
Children 2006	- 2 exercises: without app. app. by choice	4-7 difficulties without app.: min. 3 series of dance steps apparatus: min. 1 series of dance steps max. 3 DER (dynamic el. with rotation) D – max. 6,50 E – 10,00 Total – max. 16,50
Pre-Juniors 2005	- 3 exercises: app. by choice	4-7 difficulties apparatus: min. 1 series of dance steps max. 3 DER (dynamic el. with rotation) D – max. 8,00 E – 10,00 Total – max. 18,00
Pre-Juniors 2004	- 3 exercises: app. by choice	4-7 difficulties apparatus: min. 1 series of dance steps max. 3 DER (dynamic el. with rotation) D – max. 8,00 E – 10,00 Total – max. 18,00
Juniors 2001/2002/2003	- 4 exercises: FIG program	International terms for juniors
Seniors 2000 and older	- 4 exercises: FIG program	International terms for seniors

4. Delegation

Each delegation consist of **10 persons** :

8 individual gymnasts,
1 judge,
1 coach

5. Awards

In each age category will receive the first three gymnasts impressive trophies, medals and diplomas. Places from 4 to 8 diplomas and cups. All gymnasts will also receive commemorative medals, diplomas and attractive prizes.

6. Charges

- The delegation will have to pay 35 euro/person/night / hotel , complete meals / (from friday/evening 25.XI-dinner, till sunday 27.XI-breakfast)
- The organiser is not covering travelling costs
- Starting money : 35 Euro per each participating gymnast.
- additional persons and extra days / 35 euro/person/night/
- All charge the organizer on arrival

/ transportation from the airport to the hotel 20 euros / whole team /

7. Note

- Please return application no later than **30 october 2016**
- Please send us the official technical lists (difficulte forms) and music for your gymnasts soon as possible, but not later than **18 november 2016**

on e-mail music (mp3) - muzyka.brzegdolny@gmail.com
difficulte forms - opisy.brzegdolny@gmail.com

We look forward to your participation in our competition!

APPLICATION

Brzeg Dolny, 25-27 november 2016

Delegation:

Contact phone:

e-mail:

Name of competitors

	Name	Category-birth date	Apparatus
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Coach:

Judge:

Additional persons:

Transportation plans

	Arrival	Departure
	25.XI.2016r	27.XI.2016r
Time:
Mean of transport:

Please return application no later than **30. X. 2016** to:

e-mail: marzenasakowicz@gmail.com
ormaniec @ box43.pl
1961saker@gmail.com

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