

**Under the patronage of the Luxembourg Federation of Gymnastics  
we have the great honour to invite your club to  
attend the 5<sup>th</sup> edition of International  
Rhythmic Gymnastics Competition**



**LUXEMBOURG CUP 2016**

**Invitation**

**FL Gym**



**On 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> December 2016**

**Organizer:**

*Ecole de GRS Luxembourg / Tel: 00352 691 318 757  
President : Ms. Oksana VICHNIAKOVA  
E-mail: [joblux2501@gmail.com](mailto:joblux2501@gmail.com)*

**Competition Hall:**

*Complexe sportif Centre des Sports 14, rue d'Ostende  
L- 2271 Luxembourg-Belair*



**Program :**

**Friday 9.12.2016**

*Arrival of the delegations/Technical meeting / training*

**Saturday 10.12.2016**

*Judge Meeting / All-around competition/ Award ceremony/  
Banquet*

**Sunday 11.12.2016**

*All-around competition/ Gala /Award ceremony.*

**Monday 12.12.2016**

*Departures of the delegations*

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**Accommodation:**

**Hotel \*\*\*\*DoubleTree by HILTON [www.hilton.com](http://www.hilton.com)**

**Special rates for delegation**

75 Euro single room inclusive Breakfast

85 EUR double room or twin inclusive Breakfast

95 EUR triple Superior room or twin inclusive Breakfast

125 EUR quadruple Deluxe or Deluxe twin inclusive Breakfast.

On triple or quadruple room preference 3<sup>rd</sup> and 4<sup>th</sup> person are children up to 12 years. **Important**: Indicate please in hotel booking form **one double-bed or twin beds**

**Meals:**

Lunch Package will be provided by the organisation in the competition hall Saturday and Sunday.

Banquet Saturday Evening for delegations only

Banquet in the hotel Hilton for the judges

**Delegation:**

Delegations will consist of 1 judge, 1 coach and 5 gymnasts

Application fee: EUR 35 per gymnast

Extra gymnast: EUR 40 per gymnast

Fee free for gymnasts who participated 3<sup>th</sup> time in event

**The starting fee will be paid upon arrival.**

**Transport:**

Organizer will provide transport from Luxembourg Airport and Central Railway Station to Hotel and back. The organizer also organizes the transport to the competition hall and back.

**Insurance:**

All participating delegations are responsible for having the necessary coverage against accidents and illness.

**Awards:**

**Individual All-around:** 1<sup>st</sup> – 3<sup>rd</sup> place will receive a trophy and medal.

4<sup>th</sup> - 6<sup>th</sup> place will receive a medal.

**Every apparatus:** 1<sup>st</sup>-3<sup>rd</sup>-place will receive a medal.

### **Seniors Cat A**

1<sup>st</sup> place-200 euro, 2<sup>nd</sup> place-150 euro, 3<sup>rd</sup> place 100 euro.

### **Juniors Cat.A**

1<sup>st</sup> place-150 euro, 2<sup>nd</sup> place-100 euro, 3<sup>rd</sup> place 50 euro.

**For junior and senior separate ranking . FIG licence and national licence**

*Separate ranking for participants from Small States of Europe*

*All gymnasts will receive a diploma and present.*

*Coaches and Judges will receive a present.*

*Special awards for best THEMATIC Demonstration at Gala (one demonstration per team).*

*Special awards: Miss Elegance, Miss Artistic, Miss Smile, Miss Tournament, Miss Princess ( plus jeune), Miss Effort. Miss Model GR Luxembourg , Miss Fidélité Luxembourg Cup, Miss Fidélité Coach, Miss Fidélité Judge*

*Possibility given for a Group excursion to old town of Luxembourg*

*Possibility given for a Group excursion to Christmas market in Strasbourg on 12th December*

*Preliminary inscription: 30<sup>th</sup> October 2016*

*Nominative inscription: 25<sup>th</sup> november 2016*

*Visa application: 25<sup>th</sup> October 2016 / If you need the Schengen Visa, we ask you to fill in the applied form and send it to us.*

*Travel Details: [http://en.wikipedia.org/wiki/List\\_of\\_low-cost\\_airlines](http://en.wikipedia.org/wiki/List_of_low-cost_airlines) contains a list of all low cost airlines [www.edreams.fr](http://www.edreams.fr), [www.opodo.de](http://www.opodo.de), [www.wizzair.com](http://www.wizzair.com)., [www.ryanair.com](http://www.ryanair.com), [www.jereserve.com](http://www.jereserve.com)*

[www.flibco.com](http://www.flibco.com) / Bus service from Frankfurt/Main Frankfurt/  
Hahn and Bruxelles / Charleroi

***Please bring a flag of your country!!***

***Music / Sheets:***

*Please submit only music on CDs (no MP3 or USB  
Sticks). Identified with gymnast's name, category, country and  
apparatus.*

*Please bring to technical meeting with you 5 copies D sheets for each routine of gymnasts*