



2017 SPRING FLING RHYTHMIC GYMNASTICS INVITATIONAL

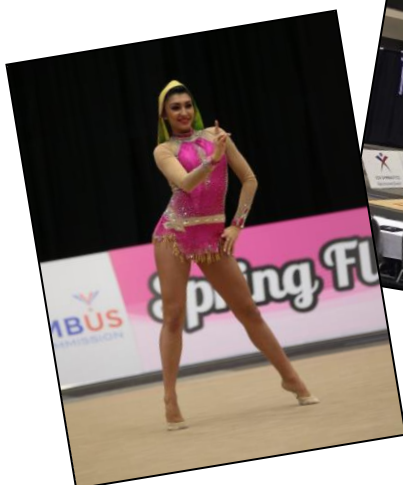
April 7-9, 2017

HOSTED BY INTEGRITY RHYTHMICS

www.integrityrhythmics.com

MEET DIRECTOR: Anna Loescher
Tel: 1.847.414.6027
Email: springflingrhythmic@gmail.com

EVENT VENUE: Greater Columbus Convention Center
Battelle Grand
400 North High Street
Columbus, Ohio 43215



Official AAI Rhythmic Gymnastics
Competition Carpet

3 warm-up carpets
Over 35 ft. ceiling height

DELEGATION: Any number of gymnasts & groups
Maximum 3 coaches per club
Judge preferred but not required

LEVELS: US Levels 4-10, FIG & Group
All ages (2011 & older)



US Level 4-8 Technical Details:

<https://usagym.org/PDFs/Rhythmic/Junior%20Olympics/1617handbook.pdf>

| LEVEL | AGE DIVISION | D1 VALUES ALLOWED | BODY DIFFICULTIES | D MAX VALUE | | |
|------------|--|------------------------------------|--------------------------|--------------------------------------|--|---|
| FIG Senior | 2001 + | See FIG Code of Points for Seniors | | | | |
| FIG Junior | 2002-2004 | See FIG Code of Points for Juniors | | | | |
| FIG Hope | 2005-2006 | See FIG Code of Points for Juniors | | | | |
| 8 | Senior: 2001 + Junior B: 2002-2003 Junior A: 2004-2005 Child C: 2006-2007 Child B: 2008-2009 Child A: 2010-2011 | 0.1-0.9 | Max. 6 Body Difficulties | 5.0 Max. Floor 7.0 Max. Apparatus | AD: Max. 1 per base See US Rules L8: 4 R Max L7: 3 R Max | Floor (Free) + 3 Apparatus US: Rope, Ball, Clubs |
| 7 | | 0.1-0.7 | Max. 6 Body Difficulties | 4.0 Max. Floor 6.0 Max. Apparatus | | Floor (Free) + 3 Apparatus US: Hoop, Ball, Clubs |
| 6 | | 0.1-0.6 | 5 Body Difficulties | | Specific apparatus requirements separate from D score (no AD requirements) See US Rules | Floor (Free) + 3 Apparatus US: Rope, Ball, Ribbon |
| 5 | | 0.1-0.4 | 5 Body Difficulties | | | Floor (Free) + 3 Apparatus US: Hoop, Ball, Clubs |
| 4 | | 0.1-0.3 | 5 Body Difficulties | | | Floor (Free) + 2 Apparatus US: Rope & Hoop |

Gymnasts compete by level based on level of difficulty in the routine. Awards within the level are then broken down by age of the gymnast. Please contact meet director for help determining level placement of gymnasts.

ENTRY FEES: \$150 USD per individual gymnast (Level 4-6)
\$175 USD per individual gymnast (Level 7-FIG)
\$350 USD per group

All entry fees INCLUDE USA Gymnastics Foreign Membership for each athlete which is required insurance for all participants to compete in the US
Entry fee for up to 3 gymnasts will be waived if a judge accompanies the delegation and participates in judging competition.
Entry fees are NON-REFUNDABLE

REGISTRATION: Nominative Registration Deadline: **December 15, 2016** (based on availability)
Registration forms must be received by email no later than: **January 15, 2017**
Registration fees are due upon registration by PayPal or Money Transfer.
Contact meet director to arrange other methods of payment.



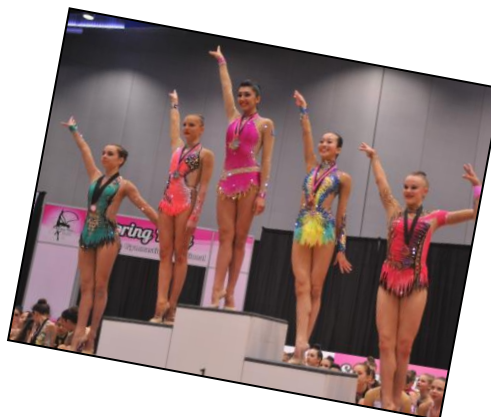
MUSIC: All music must be submitted via the event website by: **March 1, 2017**
Music files must be submitted in .MP3 or .M4A FORMAT and named as follows:
Gymnast Name_Level_Apparatus_Team
A late fee of \$30 per athlete will be due for any music received after this date

DIFFICULTY FORMS: All level 7-8 difficulty forms must be submitted in .PDF FORMAT via the event website by: **March 31, 2017**
A late fee of \$30 per athlete will be due for any forms received after this date

SCHEDULE: Arrival of Delegations: Wednesday, April 5 or Thursday, April 6
Departure of Delegations: Monday, April 10

A tentative schedule will be posted by February 15, 2017.
The final schedule will be distributed approximately 2 weeks prior to the event.

AWARDS: Individual Awards: Athletes will be awarded within each level by age division.
Awards will be given to the top 8 in each event & all-around.
The top 3 gymnasts in each level (regardless of age) will also be awarded.
Team Trophies: Team scores for each level will be calculated using the 3 highest scores from each event.
Team awards will be given to the top 3 teams per level.



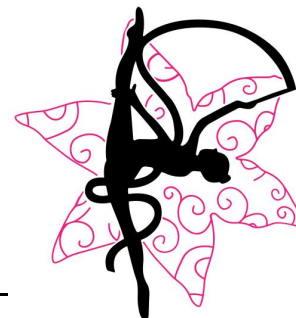
TRANSPORTATION: Travel to and from the US is to be paid for by each delegation.
Airport: Port Columbus International Airport (CMH)
Transportation from airport to hotel provided for all international delegations.

ACCOMODATIONS: Accommodations at the host hotel are to be arranged and paid for by each delegation. If you need assistance, please contact the meet director. Placement of gymnasts with host families can be arranged for a limited number of gymnasts if requested in advance.

HOST HOTEL INFORMATION COMING SOON...

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REGISTRATION FORM



CLUB NAME: _____

CITY: _____ COUNTRY: _____

PHONE: _____ EMAIL: _____

HEAD COACH: _____ CONTACT NAME: _____

LIST ALL GYMNASTS ATTENDING COMPETITION:

| GYMNAST NAME (First/Last) | DATE OF BIRTH (M/D/Y) | LEVEL | APPARATUS |
|------------------------------|--------------------------|-------|-----------|
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LIST ALL COACHES & JUDGES ATTENDING COMPETITION:

| COACH/JUDGE NAME (First/Last) | DATE OF BIRTH (M/D/Y) | AVAILABLE TO JUDGE |
|----------------------------------|--------------------------|--------------------|
| | | YES / NO Brevet: |
| | | YES / NO Brevet: |
| | | YES / NO Brevet: |

TRAVEL INFORMATION:

| | DATE | AIRLINE | FLIGHT # | TIME |
|-----------|----------|---------|----------|------|
| Arrival | 4/ /2017 | | | |
| Departure | 4/ /2017 | | | |