



INVITATION

DUBAI INTERNATIONAL JUNIOR CHAMPIONSHIP DECEMBER 8-10, DUBAI

Our dear friends and colleagues! Dubai Youth Olympic school of Rhythmic gymnastics is pleased to invite you to Dubai International Junior Championship, held in Dubai on December 8-10, 2016

مدرسة شباب دبي الاولمبية للجمباز الإيقاعي

DUBAI INTERNATIONAL JUNIOR CHAMPIONSHIP

DECEMBER 8-10, 2016

info@uae-gymnastics.com

 **DUBAI**
YOUTH OLYMPIC
SCHOOL_{OF}
RHYTHMIC GYMNASTICS

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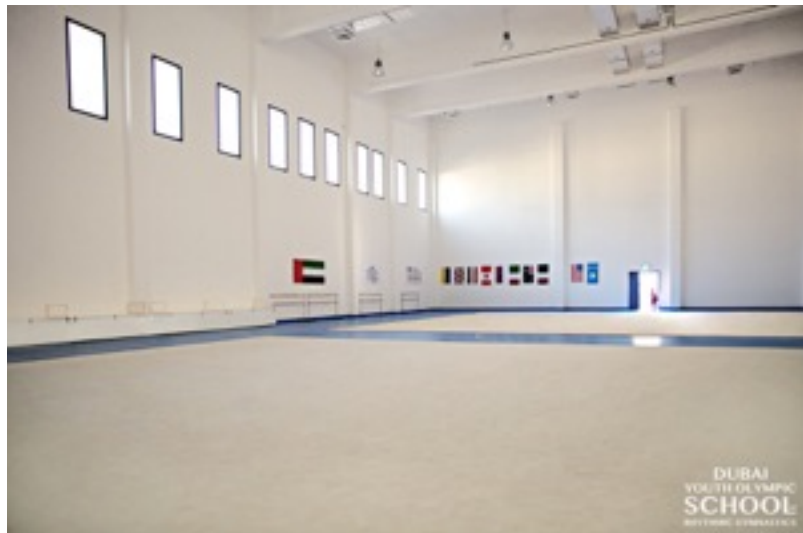


INVITATION

TO DUBAI INTERNATIONAL JUNIOR CHAMPIONSHIP, 2016

DATES, SCHEDULE & COMPETITION VENUE

Competition will take place in Dubai on December 8-10, 2016 at the Dubai Youth Olympic school of rhythmic gymnastics, followed by a training camp



8 December - arrival of delegations, training, registrations start from **14:00**, technical meeting at **19:00**

9 December - opening ceremony, first day of competition, award ceremony

10 December - second day of competition, award ceremony

11 December (departure of delegations)

11-15 December training camp

Organizing committee: UAE Gymnastics, Dubai Youth Olympic school of Rhythmic gymnastics www.uae-gymnastics.com

Venue location: Horizon School (Al Safa Area), Dubai

DELEGATIONS

We invite all individual participants, worldwide gymnastics schools and clubs.

Number of participants is unlimited. All delegations must bring 1 Coach and 1 Judge. A **penalty** of **€ 50.00** will apply for teams not providing a judge.

Individual gymnasts (not more than 2) may attend the event without coaches / judges. Dubai Youth Olympic school will provide a coach for all individual gymnasts traveling with their parents.

We invite **participants born in 2011-2003**

Entrance fee for all participants € 50.00

REGISTRATION

Definitive entry till: 1 November, 2016.

All applications must be sent to info@uae-gymnastics.com not later than by 01.11.2016

MUSIC AND FIG FORMS

All participants must submit music CDs on arrival for sorting and prepare 5 copies of FIG forms for each routine.

PROGRAMME

Category A:

Baby 2011 – Freehand (max 7 BD)
Baby 2010 – Freehand (max 7 BD)
Children 2009 – Freehand (max 7 BD) + 1 Apparatus by choice (max 7 BD)
Children 2008 – Freehand (max 7 BD) + 1 Apparatus by choice (max 7 BD)
Novice 2007 – Freehand (max 7 BD) + 2 Apparatus by choice (max 7 BD)
Novice 2006 – Freehand (max 7 BD) + 2 Apparatus by choice (max 7 BD)
Pre-Juniors 2005 – 2 Apparatus by choice (max 7 BD)
Pre-Juniors 2004 – 2 Apparatus by choice (max 7 BD)
Juniors 2003 – 2 Apparatus by choice (max 7 BD)

Category B:

Baby 2011 – Freehand (max 7 BD) D max 2.0
Baby 2010 – Freehand (max 7 BD) D max 2.0
Children 2009 – Freehand (max 7 BD) D max 3.0
Children 2008 – Freehand (max 7 BD) + 1 Apparatus by choice (max 7 BD) D max 3.0
Novice 2007 – Freehand (max 7 BD) + 1 Apparatus by choice (max 7 BD) D max 4.0
Novice 2006 – 2 Apparatus by choice (max 7 BD) D max 4.0
Pre-Juniors 2005 – 2 Apparatus by choice (max 7 BD) D max 4.0
Pre-Juniors 2004 – 2 Apparatus by choice (max 7 BD) D max 5.0
Juniors 2003 – 2 Apparatus by choice (max 7 BD) D max 5.0

Category C:

Baby 2011 – Freehand (max 7 BD) D max 1.5
Baby 2010 – Freehand (max 7 BD) D max 1.5
Children 2009 – Freehand (max 7 BD) D max 2.0
Children 2008 – Freehand (max 7 BD) D max 2.0
Novice 2007 – Freehand (max 7 BD) D max 3.0
Novice 2006 – Freehand (max 7 BD) D max 3.0
Pre-Juniors 2005 – 1 Apparatus by choice (7 эл.) D max 3.0
Pre-Juniors 2004 – 1 Apparatus by choice D max 4.0
Juniors 2003 – 1 Apparatus by choice (max 7 BD) D max 4.0

All routines must be under FIG requirements (2013-2016 CoP.)

AWARDS

Athletes will be awarded within each level by age division.
Awards will be given to top 3 places in each event and all-around competition.

1st place-cups, medals and diplomas
2nd -3rd places - medals and diplomas
4th -6th places - diplomas

Participation certificates will be awarded to all levels.

Special awards will be presented.

PHOTO & VIDEO

Photo and video materials will be available for purchase on the day of the event (advanced registration is required).

INTERNATIONAL TRAINING CAMP, DECEMBER 11-15, 2016

Dubai Youth Olympic school of rhythmic gymnastics is please to invite all participants to a training camp on December 11-15th.

UNDER THE LEADERSHIP AND GUIDANCE OF THE WORLD AND EUROPE CHAMPION OF RHYTHMIC GYMNASTICS, HONOURED MASTER OF SPORTS, EXPERT IN PHYSICAL EDUCATION AND SPORTS; COACH OF THE INTERNATIONAL CATEGORY AND FOUNDER OF DUBAI YOUTH OLYMPIC SCHOOL OF RHYTHMIC GYMNASTICS - KSENIA DZHALAGANIYA

With participation of Coaches, Ballet & Dance Experts:

Ksenia Dzhalaganiya - World and Europe Champion of Rhythmic Gymnastics, Honoured Master of Sports; Expert in Physical Education and Sports; Coach of the International category and holder of the Order of Honour for a Contribution in Development of Physical Culture and Sports; Founder of the Dubai Youth Olympic school.

Veronika Chukanova - A former member of Ukrainian National Team of rhythmic gymnastics, the Ukrainian Champion and multiple winner of international tournaments and Grand Prix events. Veronica is an expert in physical education and junior rhythmic gymnastics programmes with more than 10 years of professional experience.

Kateryna Demyanova - Principal Ballet Dancer of Donbass National Opera Theatre and Crown of Russia Ballet, with the leading roles in Swan Lake, 1001 Nights, Romeo and Juliet, Cinderella, The Sleeping Beauty, Esmeralda, Chipollino, Nutcracker and Bayadere.

Natalia Sokolova - Ballet Master and Choreographer with Vaganova Academy method, Classical dance expert and ballet teacher with more than 10 years of professional experience. Natalia is an expert in physical education and body anatomy, who specialises in sports rehabilitation and recovery methods.

Marina Grebeniuk - Ballet Teacher and Choreographer with a classical dance background, holding a 5 years diploma with fine arts in dance from the university of Kiev for National Arts & Culture, mastering her arts as specialty teacher for choreography and Dance in "classical ballet" and other major forms of Modern dances.

Julia Selikhina - Modern and Classical Dance teacher; contemporary choreographer with theatrical background. Gala show and rhythmic dance performance choreographer with an extensive rhythmic background.



Training includes:

- Physical conditioning and workout
- Body difficulties (jumps, balances, turns)
- Acrobatics
- Classical ballet
- Modern dance
- Stretching
- Apparatus work
- Introduction to a new CoP 2017-2020
- Individual Choreography of FIG routines (at additional cost).

With 2 training sessions per day (up to 7-8 training hours)

Camp fees are € 35.00 per gymnast / per day

Preliminary registration form:

<i>Country</i>	
<i>City</i>	
<i>School / Club name</i>	
<i>Coach</i>	
<i>Judge (category)</i>	
<i>Contact number</i>	
<i>Contact e-mail</i>	
<i>Arrival date</i>	
<i>Departure date</i>	

<i>Gymnast name</i>	<i>DOB</i>	<i>Category</i>	FH	U	○	●		⊗

TRANSFER

Airport transfer can be arranged upon request. Cost per one way transfer from Dubai International Airport:

€ 35.00 (up to 4 people)

€ 55.00 (up to 8 people)

Hotel & Competition Venue are located within 20 min drive from Dubai International Airport.

VISA

All visitors that require a tourist visa for UAE may request an official invitation letter from the organising committee.

Please email us your full names and passport details not later than by November 1, 2016.

ACCOMMODATION

Organising committee offers a conveniently located hotel, within 3 min walking distance from the competition venue and 10 min drive from the Jumeira public beach.

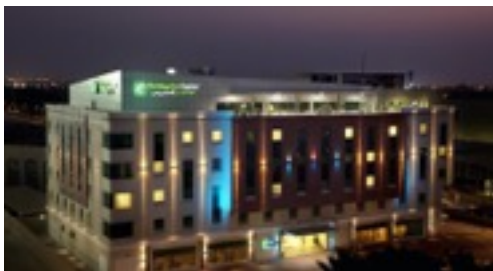
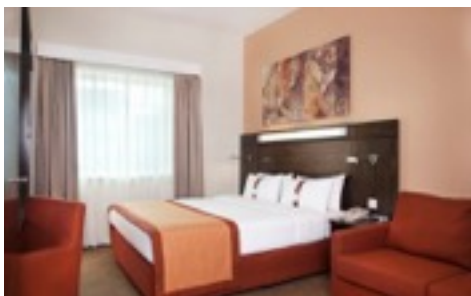
Hotel: *Holiday Inn Express Hotel, Dubai Safa Park (3*)*

Single room: € 75.00 per night (rate includes breakfast)

Double room: € 75.00 per night (rate includes breakfast)

Triple room: € 100.00 per night (rate includes breakfast)

** Accommodation must be fully paid by November 10, to ensure your room booking.*



Registration form for Hotel booking will be provided on request.

INSURANCE

Organisers are not responsible for any liability in case of accident; therefore all participants are advised to look for and provide their own insurance cover.

CONTACTS

For more information please contact us at:

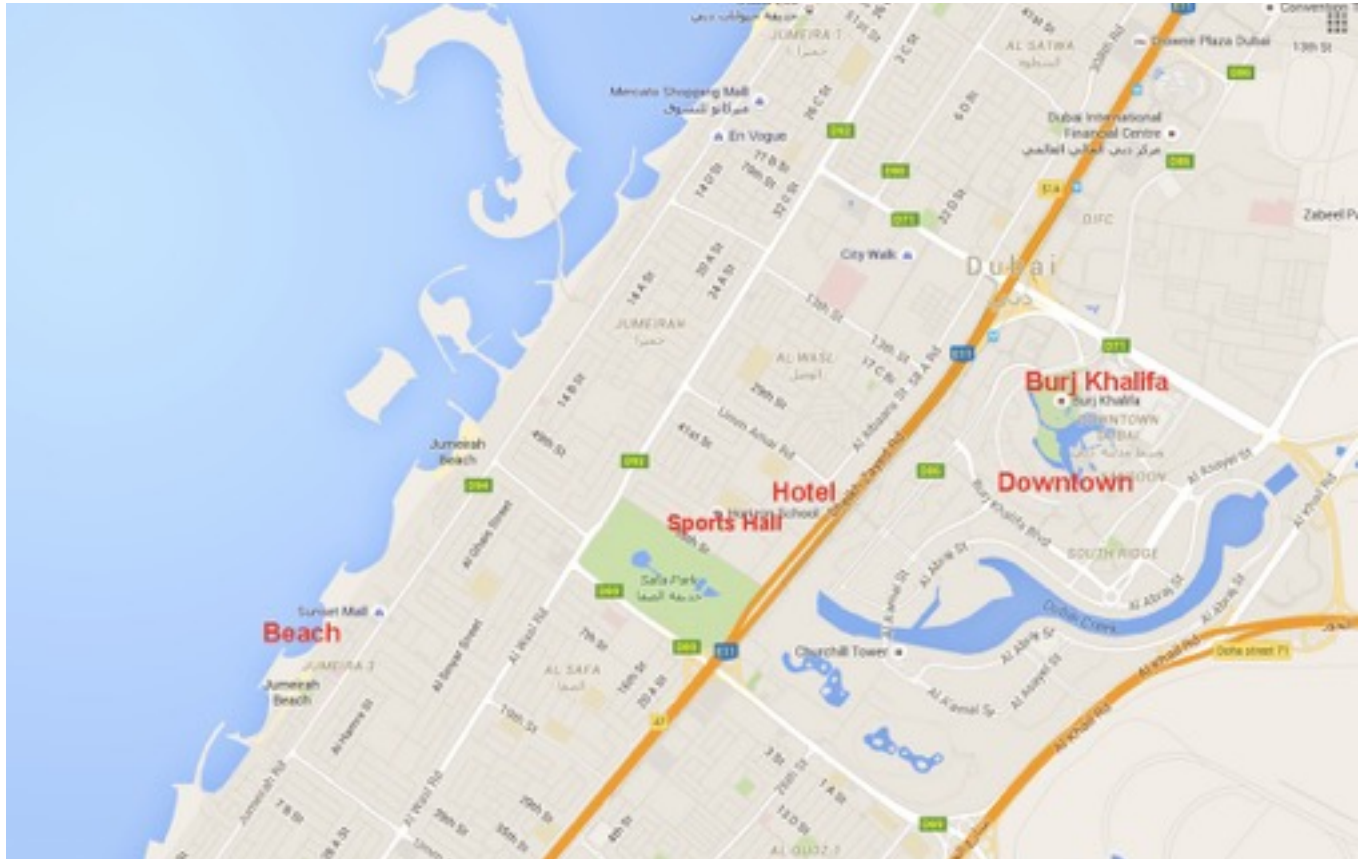
+971 56 8889902 (*Ksenia*);

+971 52 5073475 (*Ekaterina*)

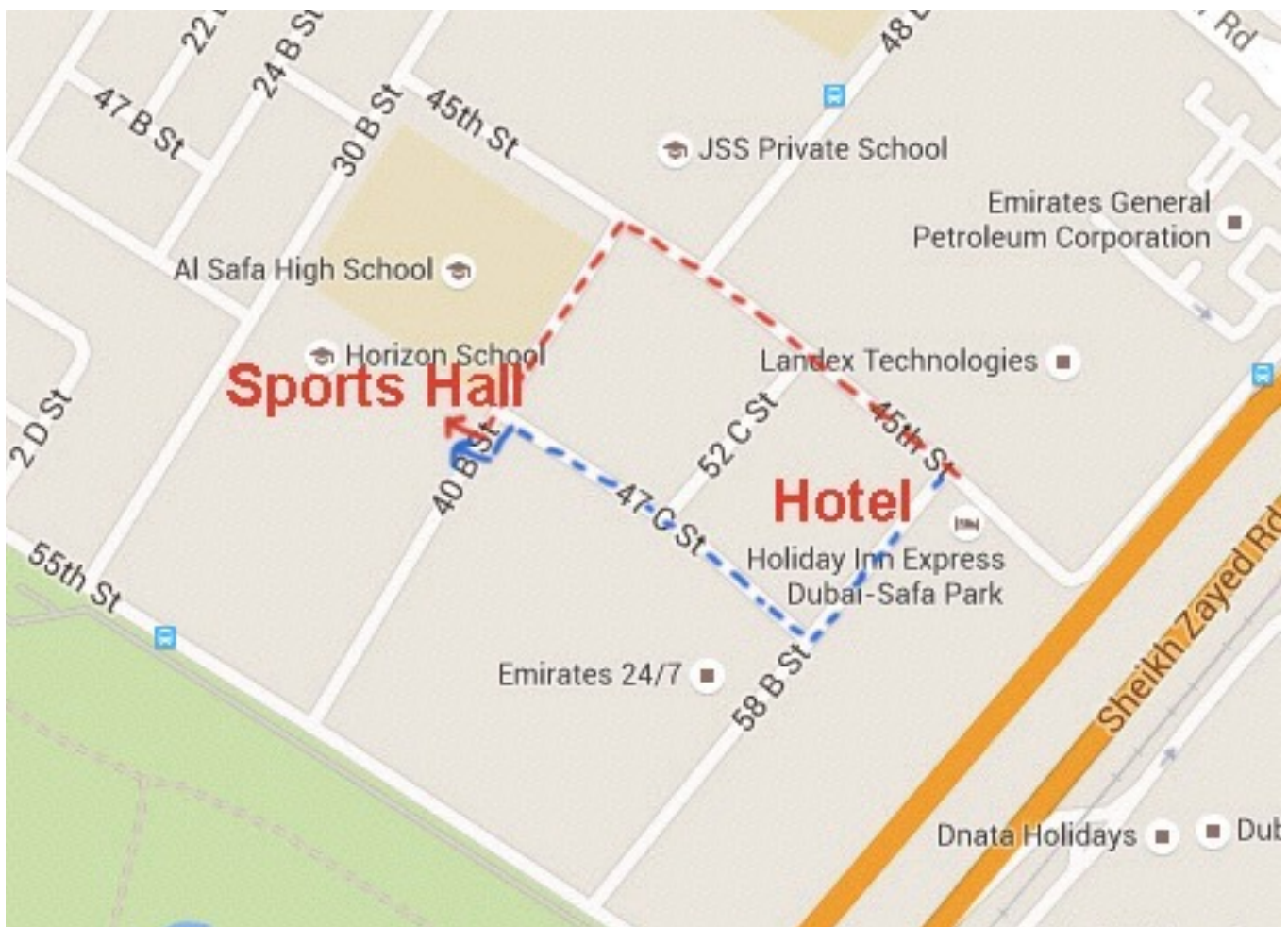
Email: info@uae-gymnastics.com director@uae-gymnastics.com

Web: www.uae-gymnastics.com

Dubai Map



Hotel & Sports Hall Map



We are looking forward to welcome you to Dubai!

Dubai Youth Olympic School of Rhythmic gymnastics
Rhythmic Sports Services L.L.C

Cem Halil Saral
Director

director@uae-gymnastics.com



22.09.2016