



HIGH PERFORMANCE SPORTS TRAINING CENTRE

IMERETINSKAYA LOWLAND, SOCHI, KRASNODAR REGION, RUSSIA

Information about the Centre

A unique project of the Rhythmic Gymnastics Centre of Olympic champion Yulia Barsukova and Soglasie private school

We created a model of a happy and secure childhood where each child can fulfil their potential in sport and get high quality education.

The basics of our work:

- Security of your children
- Healthy ecology
- High educational standards
- Result-oriented trainings



Security

The Imeretinskiy resort area is located in the Imeretinskaya lowland by the Black Sea, in close proximity to the airport, the main traffic interchanges and the Olympic Park.

Residential and educational buildings of the Imeretinskiy are secured with protective guard structures around the perimeter which do not disturb general architectural stylistics of the resort area but perfectly protects the domestic territory from the unauthorized access. You can pass to the apartment buildings only by means of a personal electronic card which is given to the Imeretinskiy tenants and residents. The entire resort territory is day and night on petrol of foot and mobile PSC teams and monitored with the video control system.

Data of the cameras mounted both outside and inside the dwelling buildings are gathered in the unified centre where the situation is under twenty-four-hour control of the security staff.







Healthy Ecology

The Imeretinskiy resort is located in the protected area, the Imeretinskaya lowland where the sea and the mountains promoted forming a special microclimate which together with the proximity to the Olympic infrastructure objects provide perfect conditions for the year-around residence. The Imeretinskiy resort area is surrounded with intact nature: an arboretum where many rare plants grow is located in close proximity to the resort and over 20 hectares of the resort territory are occupied with the ornithological park with lakes, where birds listed in the Red Book are nesting.

Accommodation

Double bed or two single beds with bedside tables

Table, chair, wardrobe

Kitchen unit equipped with refrigerator, microwave, sink, electric stove, set of kitchen utensils and cutlery

The spacious loggia (from the 2nd floor)

Air conditioner

Washer and dryer

Iron and ironing board

Bed linen according to the number of the reserved places - at arrival

Toiletries (soap, shampoo, body wash, shower cap) - at arrival

Satellite TV

Wi-Fi

Cleaning and linen change on the 4th day after arrival (when staying at the rate of up to 7 days)

Daily garbage removal



High Educational Standards

The Centre educational program includes advanced experience of domestic and European classical education. The athlete program includes individual training in the basic subjects of secondary school (Russian, literature, algebra, geometry, geography, English) and time-phased based on the training schedule and the general daily chart of the athletes.



The services include:

- Five meals
- Advanced English program from the 1st form
- Groups of not more than 8 people

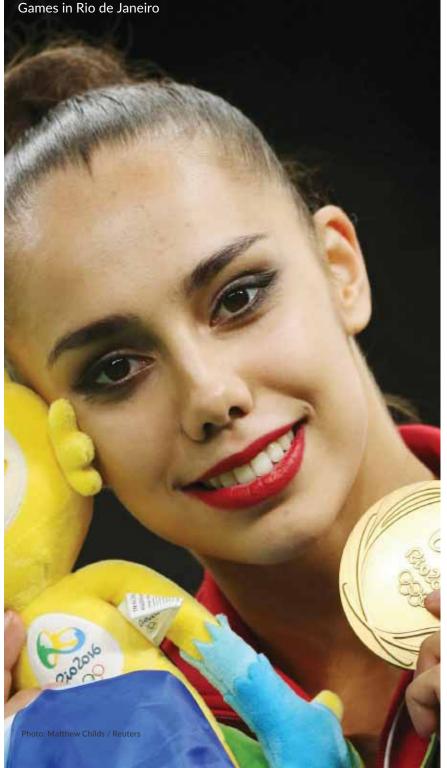
Result-Oriented Trainings

The trainings are held at the Adler-Arena Olympic object in the immediate proximity to the place of residence. The following is provided for the daily workouts:

- 4 professional platforms,
- Choreography area with mirrors and barres
- Dance parquet area

The athletes have two workouts per day from 2 to 4 hours (in the morning and evening) according to the training level. A team of professionals headed by Natalia Vitalievna Razgonyuk (the first coach of Daria Kondakova) work with the athletes. The team consists of gymnastics coaches, choreographer and psychologist.

Margarita Mamun - Russian gymnast, winner of the XXXI Olympic



COST OF EDUCATION



* The packages are valid for training in the academy for at least 12 months.

Group Intake

The girls are taken in the groups by the year of birth:

Please send your applications with an attached performance program video (exercise free-handed/ with accessories), at scautrg@gmail.com Phone for information: +7 938 439 0200



