

The coronavirus epidemic closed us at home and again divided our borders, but it did not close our hearts and did not divide rhythmic gymnastics. With this message, the international Carlsbad AirCup 2020 competition was created, so that we can meet again in the distance this way.

Carlsbad AirCup 2020

Dear friends of rhythmic gymnastics,

We cordially invite you to the second "internet" competition in rhythmic gymnastics.

The first one called "Carlsbad HomeCup 2020" took place very successfully in the period from April 20 to May 5, 2020. It was attended by 192 competitors. The Facebook group, where the Cup videos were published, gained 2,200 members - online viewers. In addition to the judges' evaluation, the gymnasts also competed for the favor of the spectators, who gave them "likes" on Facebook. In total, they received over 25,000 "likes" in this public vote. You can see what the HomeCup looked like on <https://www.facebook.com/groups/266034807768737/>.

How the race will be organized:

Each of the registered competitors will prepare a routine according to the prescribed criteria, practise it and record it on video. They will send this video to the organizers of the competition by the specified date.

The individual videos will be combined into the listed categories according to the starting list and will be published in the Facebook group "Závody moderní gymnastiky - RG Competitions".

During the period of the AirCup published on Facebook, the judges will make evaluations and the public will be able to vote for the best / most popular competitor in each category through "likes".

Prizes - diplomas and medals - will be sent by post after the competition to the address given in the application.

AirCup 2020 rules:

The routine must be performed in an outdoor environment - in a garden, terrace, backyard, playground, park or similar place, where it is legal in accordance with the measures against the epidemic. Gymnasts can lay a rug if they have the opportunity. For safety reasons, elements of difficulty from the group of **rotations** will not be required or evaluated.

Gymnasts from countries where outdoor movement / sports is prohibited can perform the routines at home – eg. in a children's or living room, garage, etc. For safety reasons, elements of difficulty from the group of **jumps** will not be required or evaluated, either.

The competitors will adjust the routines to the given limited space options.

The routines must not be filmed in sports halls, gyms and similar places where there are conditions for full-fledged routines. The principle of the competition is to deal with restrictions and non-standard conditions in times of limited movement and sports.

The routine will be performed by a gymnast with standard hairstyle and makeup accompanied by music. Instead of a leotard, suitable sportswear can be used to prevent damage to the leotard on the grass.

The competitor can make more attempts and send the best video to the organizer in the prescribed form.

Participants acknowledge that some music may be muted by Facebook due to copyright claims. Unfortunately, this cannot be affected in any way. However, the judges will be sent videos directly, so they will be able to judge all routines, including music.

Public voting on Facebook via "likes" is an additional evaluation and it should be noted that in the environment of social networks, such an evaluation is subjective and influenced by the level of activity of fans of individual gymnasts.

Organizational rules:

- Entry fee 9 euros per each competitor + lump sum payment 8 euros for each club (for postage and packing prizes for competitors).
- Each club will send an application (attached) with a list of competitors, stating their name, category, year of birth and apparatus (unless it is a WA routine).
- The competitor must be a registered member of their national association.
- Each club nominates one judge for every 8 competitors.
- In each category, the judges of all clubs that have their competitors in the given category will make evaluation (maximum 1 judge per club). The minimum is 7 judges for each category, the maximum is given by the number of participating clubs. If less than 7 clubs participate in a category, then judges will be added from other clubs.
- The organizer reserves the right to declare a stop status for the number of registered competitors or to accept, as a matter of priority, representatives of other states for the geographical balance of the participating clubs.
- Medals, diplomas and prizes will then be sent en masse to the address of each club by post and the trainers will then hand them over to their gymnasts.

Categories and criteria:

C - linie	
Mini 2012 and younger	Routine Without Apparatus min. 2, max. 3 elements • min. 2x S • max. 1x DER
Hope 2011 - 2010	Routine Without Apparatus min. 2, max. 4 elements • min. 2x S • max. 1x DER
Cadet 2009 - 2008	Routine with Apparatus by choice min. 2, max. 4 elements • min. 2x S • max. 2x DER • max. 1x AD
Junior C 2007 - 2005	Routine with Apparatus by choice min. 2, max. 5 elements • min. 2x S • max. 2x DER • max. 2x AD
Senior C 2004 and older	Routine with Apparatus by choice min. 2, max. 5 elements • min. 2x S • max. 3x DER • max. 3x AD

S = dance steps valid also in the length of 6 sec.

DER = dynamic elements with rotation – for WA routines these are two different rotations without a break (0,20 p. per each DER), for routines with apparatus DER valid also with one rotation.

Routine length min. 0:45 up to max. 1:00 min.

B - linie	
Babies 2012 a ml.	Routine Without Apparatus min. 2, max. 4 elements • min. 2x S • max. 2x DER
Children 2011-2010	Routine Without Apparatus min. 2, max. 4 elements • min. 2x S • max. 2x DER
Pre-Junior B 2009-2008	Routine with Apparatus by choice min. 2, max. 4 elements • min. 2x S • max. 3x DER • max. 3x AD
Junior B 2007-2005	Routine with Apparatus by choice min. 2, max. 5 elements • min. 2x S • max. 3x DER • max. 4x AD
Senior B 2004 a st.	Routine with Apparatus by choice min. 2, max. 5 elements • min. 2x S • max. 4x DER • max. 5x AD

***DER** = dynamic elements with rotation (risk) – for WA routines these are two different rotations without a break pro (0,20 b. per each DER)

Routine length min. 1:15 up to max. 1:30 min.

A - linie	
Pre-Junior A 2009 - 2008	Routine with Apparatus by choice min. 2, max. 5 elements • min. 2x S • min. 2x, max. 3x DER • max. 4x AD
Junior A 2007 - 2005	Routine with Apparatus by choice min. 2, highest 5 elements counted • min. 2x S • max. 3x DER • max. 5x AD
Senior A 2004 and older	Routine with Apparatus by choice min. 2, highest 7 elements counted • min. 2x S • max. 4x DER • max. 6x AD

Routine length min. 1:15 up to max. 1:30 min.

Gala – routine of your choice

- Length: max. 2:00 minutes.
- Only for gymnast registered in Carlsbad AirCup categories.
- For individuals, pairs, groups – without age limit.
- Possibility to use any apparatus, non FIG apparatus (scarves, wands, flags,...), mixing apparatus or various props.

Evaluation:

- **Professional evaluation of nominated judges**
 - o Each judge will make an evaluation and send two marks - both technical difficulty D and execution E (10 points - deductions).
 - o Judges will not take into account or count points for difficulty elements from the group of rotations for the routines performed outdoors, or for elements of difficulty from the group of jumps for the routines performed indoors (for competitors from countries where it is not possible to practise outdoors).
 - o Judges will not take into account and award deductions for criteria that cannot be performed in a non-standard space – eg. use of the competition area, directions, missing elements from the group of difficulty of rotations (jumps), missing DER etc.
- **Public evaluation** - in each category, the gymnast will be evaluated, whose routine will receive the largest number of "likes" on Facebook.
- **Gala** – evaluated by the public will be 3 exhibitions that receive the highest number of "likes".

Instructions for creating and submitting a video:

- Shoot the video on a camera or mobile phone in the highest quality and landscape format, if possible.
- Avoid shooting against a light source (sun or window).
- Make sure your music is loud enough and place the music device in close proximity to the camera. It's definitely not enough to play music from a mobile phone.
- After filming, check that everything is clearly visible and the music is audible.
- Do not edit the video or add any subtitles to it (competitor's name, etc.). The filename of the video should include the name of the club and the gymnast.
- Send the video using an internet storage service (eg. www.uschovna.cz) or via WhatsApp to the number +420 602 495 191 (however, there is a limit on the video size).

Important dates:

- Deadline for applications (send to info@gymnastika-kv.cz) by May 22, 2020
- Payment of the entry fee according to the application by May 22, 2020
send to the account Fio 2200892778 / 2010
• IBAN: CZ5220100000002200892778 • BIC/SWIFT: FIOBCZPPXXX
- Deadline for submitting routine videos by May 26, 2020
- Posting videos on Facebook on May 29, 2020
- Period of evaluating and giving likes by June 3, 2020
judges will send their evaluation to info@gymnastika-kv.cz
- Results announcement on June 4, 2020

Rhythmic gymnastics unites us!

We look forward to your participation:

Jiří Herian – Cup Manager, TopGym Karlovy Vary

Yvonna Ronzová – Chief Judge, RG RYCON