







## International Gym Cup 2021 3-4 Julio ONLINE

COMPETENCIA INTERNACIONAL DELA COREOGRAFIA

Gimnasia.Rítmica + Gimnasia Acrobática + Danza en todas sus Modalidades + Estética de Grupo + Parkour + Gimnasia General

informes@excelacademia.mx













With the international endorsement of CONFSPORT ITALIA; CONFSPORT MEXICO and EXCEL ACADEMIA DEPORTIVA, invite you to participate in:

## I INTERNATIONALGYM CUP 2021

International Choreographic Tournament whose main objetive is the union of different sports, artistic and related activities; in a famework of companionship and coexistence, as well as being able to know and appreciate beautiful places around the world, thanks to the participating teams.

ORGANIZING COMMITTEE	CONFSPORT MEXICO Y EXCEL ACADEMIA DEPORTIVA Cerro del Obispado 180 Las Puentes 2 sector 66460 San Nicolás de los Garza Nuevo León México		
	Info whatsapp +52826 170 9733		
FORMAT	ONLINE		
DATES	3-4 DE JULIO 2021		
CATEGORIES	MINI AGE DE 5 A 7 YEARS (2016-2014)		
2/4	KIDS AGE 8 A 11 YEARS (2013-2010)		
The state of the s	JUNIOR AGE 12 A 15 YEARS (2009-2006)		
	ADULT AGE 16-30 YEARS (2005-1990)		
	SENIOR AGE 31 Y + YEARS (1989 Y MAYORES)		
110011775	MIXED COMBINATION OF 2 OR 3 AGE GROUPS		
MODALITIES	ARTISTIC GYMNASTICS, RHYTHMIC GYMNASTICS, AESTHETIC GROUP		
	GYMNASTICS, GENERAL GYMNASTICS, ACRODANCE, DANCE (JAZZ,		
	CONTEMPORARY, BALLET, MODERN, HIP-HOP) FOLK DANCE AND ANY		
	RELATED MODALITY		
REGISTRATION AND ENTRY FEES	FILL THE REGISTRATION FORM		
	SEND TO informes@excelacademia.mx		
	https://docs.google.com/forms/d/1llycccka-		
	JAhlG7L7zShjSnnbkH7oubv51N1jVIndyM/edit		
	FEE 15 dlls per participant (\$300.00 mx) per modality to participate.		
	(A SAME TEAM MAY PARTICIPATE UP TO 2 CHOREOGRAPHS OF DIFFERENT MODALITIES) THE ENTRY FEE IS NON-REFUNDABLE. DEADLINE FOR PAYMENTS JUNE 9TH. 2021.		
	Registration Payment Bank Transfer		
	Banorte		
	Myrthala Adriana Juárez López		
	Bill 0249822201 Card 4189 2810 4615 8946 Pay by PayPal Myrthala López Garza		
	www.paypal.me/myrjuarez		
PROVISIONAL SCHEDULE	MAY 28TH. 2021 (Numeral Registration)		

FINAL SCHEDULE	JUNE 11TH . 2021 (Nominal Registration )AT THE TIME OF
	REGISTRATION AND PAYMENT, YOU WILL BE PROVIDED A DRIVE LEAGUE
	TO UPLOAD YOUR VIDEO
PARTICIPANTS	CLUBS, ACADEMIES, SCHOOLS, DANCE COMPANIES AND GROUPS, PUBLIC AND
	PRIVATE SPORTS ASSOCIATIONS.
COMPETITION PROCESS	The competition will be broadcast through the oficial FACEBOOK page of EXCEL
	ACADEMIA DEPORTIVA on July 10 2021
	The participating teams must send their routine (choreography) filmed from the
	front, in a single shot, wide, fullHD(1080) and MP4 format or .MOV
	Recorded with Tripod or fixed base (Not videoclip)
VIDEO DELIVERY	The choreographer and/or coach must upload the duly labeled video of their
	team through the Google Drive platform
	Choreography / Team name / Category / Modality / Club / Country
	DELIVERY DATE MONDAY JUNE 28 UNTIL 20:00 HRS MEXICO CD HOURS.
AWARDS	"INTERNATIONALGYM CUP" to de máximum accumulator of points.
	CONFSPORT MEXICO TROPHY (Best Mexican Team in the competition)
	Trophy for the Best Teamwork
	Trophy for the Most Creative Choreography
	Trophy for the Best Technique
	Trophy for Best Performance
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	Trophy for the Best team by Modality (There must be at least 3 participanting
	teams to be able to award)
7	Conmemorative medal to all participants, and Online Certificate
MA MA	NOTE: THE WINNING TEAM OF INTERNATIONALGYM CUP; CANNOT RECEIVE
	ANY OTHER SPECIAL PRIZES.
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	INTERNACIONALGYM CUP IS A PLATAFORM TO ATTEND THE
	INTERNATIONALGYM TROPHY THAT IS CELEBRATED EVERY YEAR IN ITALY
	THE ABSOLUTE WINNER OF THE INTERNATIONALGYM CUP WILL HAVE THE
	AUTOMATIC PASS TO REPRESENT HIS CLUB/ ACADEMY AND HIS COUNTRY IN
	THIS IMPORTANT INTERNATIONAL EVENT.
	THE SENDING OF THE PRIZE WILL BE OWNED BY THE PARTICIPANTING TEAMS TO
	THEIR PLACE OR ORIGIN.
MEMBERS OF THE JURY	It will be made up of National and International Judges experts in each of
	the participating disciplines.
	Your decisión is final.
PRIVACY	We inform you that the videos and images of the participants in this
	International Tournament "INTERNATIONALGYM CUP ONLINE" will be published
	on YOUTUBE, as well as on social networks FACEBOOK AND INSTAGRAM.
	Therefore, CONFSPORT MEXICO AND EXCEL ACADEMIA DEPORTIVA, assumes its
	authorization for the disclosure of the aforementioned material, since said
	material has been sent for participation in International Tournament.

2021

ARQ. MYRTHALA JUAREZ DELEGATE CONFSPORT ITALIA KARLA DE LA GARZA EXCEL ACADEMIA DEPORTIVA CARMELI SANTELICES GRIMALDI ORGANIZING COMMITTEE

Carmela SanteRces

IN MEXICO COMMITTEE





## TECHNICAL PROGRAM - REGULATION

I. Each team can be composed of 2 to 8 elements.

The categories are: MINI AGE DE 5 A 7 YEARS (2016-2014)

 KIDS
 AGE 8 A 11 YEARS
 (2013-2010)

 JUNIOR
 AGE 12 A 15 YEARS
 (2009-2006)

 ADULT
 AGE 16-30 YEARS
 (2005-1990)

SENIOR AGE 31 Y + YEARS (1989 Y MAYORES)
MIXED COMBINATION OF 2 OR 3 AGE GROUPS.

\*THE COMBINATION OF GROUPS AHOULD BE WITH THE GROUP IMMEDIATE UPPER OR LOWER CATEGORY.

- III. At the INTERNACIONALGYM CUP teams of Rhythmic Gymnastics, Artistic Gymnastics, Aesthetic Group Gymnastics, Acrodance, General Gymnastics, Aerobic Gymnastics, Dance in all its modalities, Folk dance, Parkour and any modality are welcome.
- IV. The team will present a choreography, routine or montage, wich mayo r may not be tematic; accompanied by music with or without singing, edits, remixes allowed (avoid music with political or religious ideologies or with a sexual nature).
- V. The duration of the routine will be from a minimum of 2:00 minutes to a máximum of 2:30 minutes. (In case the routine lasts more tan 2:30 minutes it will be considered disqualified).
- VI. Teams can be made up of female and male athletes.
- VII. Athletes can wear outfits other tan leotards (special costumes) but must however allow the evaluation of the choreography, makeup and free hairstyle.
- VIII. The choreography must be presented in a 10 x 10 meters recorded in a single front shot ( without edits or effects)
- IX. One of the main objetives of INTERNATIONALGYM CUP is to get to know different parts of the world through the participating teams, that is why it is suggested and if possible to do the presentation or recording in an emblematic place of your city (interior or exterior)
- X. It is allowed to use implements, accessories, devices for the choreographic presentation.





## **EVALUATION CRITERIA**

The choreography will be judged on two aspects: Technical & Artistic (Creative)

TECHNICAL ASPECT	ARTISTIC ASPECT
TECHNICAL 10 POINTS	STAGE PRESENCE 10 POINTS
Correct execution technique	Interpretation
Correct placement of whole body	Expression
Difficulty in moves / tricks	Style
	Rhythm and flow
Annual Company	Correct costume
SYNCHRONIZATION 10 POINTS	CHOREOGRAPHY 10 POINTS
Synchronization	Creativity
Movement sharpness	Coordination
Precision and variety in lineups	In tune with the music beat according to styles the
Team work	team desi <mark>res to present.</mark>
AU OTT	Movement around the space
TOTAL 20 PUNTOS	TOTAL 20 PUNTOS

TOTAL VALUE 40 POINTS

BONUS
FILMED IN A LANDMARK
STAGE PRESENCE
UNPREDICTABILITY
COSTUME DESIGN AND PRODUCTION
CORRECT USE OF PROPS

2 POINTS 2 POINTS 2 POINTS 2 POINTS 2 POINTS

FINAL NOTE 50 POINTS